

What is Ridesharing?

Ridesharing is the alternative to driving to work alone. It's carpooling, vanpooling, walking, riding your bike or public transit.

The most obvious benefit to people who rideshare is the savings in gasoline. Other financial incentives include reducing vehicle depreciation or eliminating the need to even own a car, or a second car. Also on the personal level, ridesharing generally lessens stress and may lead to new friendships. In addition, the community benefits through reduced traffic congestion, improved air quality and energy conservation.

- **Carpooling** cuts commute costs. With more commuters sharing the cost, the cost per person is reduced. Find a commute partner at www.SharetheRideNC.org, the statewide Web-based rideshare matching program sponsored by NCDOT and administered by Triangle Transit.
- **Vanpool** commuters benefit even more with a dozen or more commuters sharing the cost. Vanpool programs are operating in the **Charlotte, Raleigh/Durham** and **Greensboro/Winston-Salem** metropolitan areas and in selected rural areas.
- **Walking and riding your bike** provide great health benefits.
- **Public transit** is a bargain. To see just how much public transit can save you, use this [calculator](#) supplied by the American Public Transportation Association.



Learn more about NCDOT's promotion of ridesharing through the [Transportation Demand Management Program](#).